## Branch 133, Legion Village, Inc.



# September 2025 VILLAGE VIEW

Wishing the following residents, a wonderful birthday celebration this month:

Myrna P. Evelyn W. Karen E.

Jean Y. Betty A. Ruth R.

Graham M. Viva M. Brenda F.

Margaret B. Margaret S. Myrna B.

Jane C. Barbara B. Ralph S.

Constance S. Jeanette V.

## Donations for the month of August were graciously received:

In Memory of Graham Brown and Carolyn Chrysler; From Paul H. and Carol L.

Donations in Memory of someone, or for Resident Activity Fund can be made at anytime in the office. Please leave donations in an envelope, with your name and unit# so we can issue a tax receipt for donations in the amount of \$20 or more. Tax receipts are issued by the end of the month, each month.

## **Activities Update**

## Monday September 1st is Labour Day – Office and Store Closed

September 5<sup>th</sup> 12:00 pm – BBQ in the Rec Hall (Last one for the season)

September 11<sup>th</sup> 2:00 pm – Food Committee Meeting in the Rec Hall

September 15<sup>th</sup> 12:00 pm – Potluck in the Rec Hall

September 17<sup>th</sup> 11:15 Lunch out at Vitos in Brighton (Sign up)

September 17<sup>th</sup> 2:00pm Memory Lane Singers in Ph 3 Lounge

September 18<sup>th</sup> 5:00 pm – Steak Dinner in the Rec Hall (Tickets for this event are \$20.00. Purchase tickets by Sept 16<sup>th</sup>)

September 22<sup>nd</sup> – 2:00pm Ice Cream Parlour in the Rec Hall

September 24<sup>th</sup> – 2:00 PM – Monthly Birthday Party in the Rec Hall

September 26<sup>th</sup> 7:00 pm – Pat and Ren in Phase 3 Lounge

September 26<sup>th</sup> 2:00PM – Corktown Fiddlers in the Rec Hall

September 29<sup>th</sup> 9:30 AM – Annual Shuffleboard Tournament in the Courtyard with Awards Ceremony at 2:00 PM in the Rec Hall

### **ACTIVITY CO-ORDINATIOR AT LEGION VILLAGE**

Legion Village says good-bye and good luck to Leann Losee and welcomes Carolyn Gibson to the role of Activity Co-Ordinator here at Legion Village.

Carolyn has been with Legion Village as a PSW and most recently as a Housekeeper.

We feel Carolyn will do a great job working with the Activity Department and Residents and Volunteers.

#### ANNUAL RESIDENT PICNIC

We had a great turn out for the Annual Picnic in the Courtyard and South Lawn under the tent on August 15<sup>th</sup>. The food, music and company were all great again this year. Special thanks to the Dietary Department, Maintenance Crew, Board Members, Staff and Volunteers that helped make this event a success.

#### **PARKING REMINDER**

A gentle reminder to all residents to park in their designated spots. If you do not have a designated spot, or can not remember which spot is yours, please come down to the office and Chyvone can assign you one.

#### MAINTENANCE REPORT

A gentle reminder not to feed any animals that may visit Legion Village. This includes feeders or dropping food to the ground. Our fun furry critters have claws and poop everywhere and scatter litter.

#### **DIETARY REPORT**

There will be a Food Committee Meeting on Thursday September 11<sup>th</sup> at 2:00 pm in the Rec Hall. This is your opportunity to address any concerns you may have about the meals at Legion Village. Cathy will be discussing the Fall Menu rollout.

#### **AUGUST BOARD HIGHLIGHT:**

There was no meeting in August. We will be meeting again in September to discuss the audit of the financials for Legion Village.

#### SUPPORTIVE HOUSING REPORT

## Weekly Community Paramedic Wellness Clinics

We're pleased to announce some exciting changes to our ongoing partnership with the Northumberland Community Paramedicine program, designed to better support your health and well-being.

**Starting September 2, 2025**, we will be increasing access to our Evening Wellness Clinics, moving from twice a month to a weekly offering. These clinics will take place every Tuesday evening, from 5:00 pm to 8:00 pm, in the same location, in the Phase 2 Supportive Housing Office on the 1<sup>st</sup> floor.

This three-month trial period will run from September 2, 2025, until November 28, 2025. During this time, we're inviting residents to take advantage of the expanded

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clinic hours and to share feedback on the service, helping us determine if weekly clinics should become a permanent fixture.

### What Can You Expect?

- Direct Access to the Community Paramedic (CP): Residents will be able to consult with a CP for in-person assessments and support with a variety of health concerns, such as urinary tract infections, early chest infections, mild to moderate congestive heart failure symptoms, wound care, and general complaints like nausea or dehydration.
- Prevention Focus: The expanded clinic aims to help residents manage health issues early, potentially avoiding unnecessary trips to the emergency room or urgent 911 calls.
- *Team-Based Care*: The CP works in collaboration with your primary care providers, pharmacists, and other healthcare professionals.
- The clinics are intended as an additional resource, not a replacement for emergency services. If you are experiencing a health emergency, please call 911.

We encourage all residents to make use of the weekly clinics during this trial period. Your experiences and feedback will help us evaluate the need for ongoing weekly clinics. We're committed to supporting your health and wellness together.

Watch for more updates in future newsletters!

And the final word.....

As we wind down the summer, take a moment to look at the beautiful flowers and watch as the leaves turn colours. Seasons and time pass so quickly. Take a moment to appreciate its beauty.

Sincerely
Michael Eden
Executive Director